

Winter Menu

Week 2

Week Commencing.....

Monday

- AM Snack:** Toast and marmalade
- Lunch:** Pasta & Tuna bake with baked beans.
- Dessert:** Semolina, or fresh fruit/yoghurt
- Vegetarian:** As above
- PM Snack:** Fresh fruit
- Tea:** Sandwiches and/or Soup and cakes

Tuesday

- AM Snack:** Toast and butter
- Lunch:** Beef Stew, mixed vegetables and mashed potatoes
- Dessert:** Treacle Tart & Custard, or fresh fruit/yoghurt
- Vegetarian:** Quorn Stew
- PM Snack:** Cheese and raisins
- Tea:** Sandwiches and/or Soup and cakes

Wednesday

- AM Snack:** Toast and jam
- Lunch:** Lamb cottage pie with peas, sweet corn & gravy
- Dessert:** Cheesecake, or fresh fruit/yoghurt
- Vegetarian:** Soya mince as replacement
- PM Snack:** Cheese and cucumber/tomato
- Tea:** Sandwiches and/or Soup and cakes

Thursday

- AM Snack:** Toast and Marmite
- Lunch:** Roast Pork, broccoli, carrots, roast potatoes and gravy
- Dessert:** Angel Whirl, or fresh fruit/ yoghurt
- Vegetarian:** Soya substitute
- PM Snack:** Fresh fruit and biscuits
- Tea:** Sandwiches and/or Soup and cakes

Friday

- AM Snack:** Toast and butter
- Lunch:** Fish fingers, chips and spaghetti
- Dessert:** Rice pudding, or fresh fruit/yoghurt
- Vegetarian:** Veggie finger as replacement
- PM Snack:** Fresh fruit
- Tea:** Sandwiches and/or Soup and cakes