

A decorative border of pink cupcakes surrounds the entire page. The cupcakes are arranged in a grid-like pattern, with some missing at the corners to form an open frame.

## Winter Menu

Week 1

Week Commencing.....

### Monday

**AM Snack:** Toast and marmalade

**Lunch:** Nuggets/Fish Fingers, chips and beans

**Dessert:** Banana Custard, or fresh fruit/yoghurt

**Vegetarian:** Veggie finger as replacement

**PM Snack:** Fresh fruit

**Tea:** Sandwiches and/or Soup and cakes

### Tuesday

**AM Snack:** Toast and jam

**Lunch:** Sausage, mash pots with peas, carrots & gravy

**Dessert:** Apple crumble with custard, or fresh fruit/yoghurt

**Vegetarian:** Veggie Sausage

**PM Snack:** Cheese with cucumber/ tomato

**Tea:** Sandwiches and/or Soup and cakes

### Wednesday

**AM Snack:** Toast and Marmite

**Lunch:** Spaghetti Bolognese

**Dessert:** Jam Sponge & (Strawberry) Custard, or fresh fruit/ yoghurt

**Vegetarian:** As above with Soya mince

**PM Snack:** Fresh fruit and biscuits

**Tea:** Sandwiches and/or Soup and cakes

### Thursday

**AM Snack:** Toast and butter

**Lunch:** Roast Beef, roast potatoes, Yorkshire pudding, cauliflower, green beans

**Dessert:** Angel whirl, or fresh fruit/yoghurt

**Vegetarian:** As above with meat substitute

**PM Snack:** Fresh fruit

**Tea:** Sandwiches and/or Soup and cakes

### Friday

**AM Snack:** Toast and butter

**Lunch:** Lamb stew, mixed vegetables and mashed potatoes

**Dessert:** Chocolate Sponge with chocolate sauce, or fresh fruit/yoghurt

**Vegetarian:** Soya chunks as replacement meat

**PM Snack:** Cheese and raisins

**Tea:** Sandwiches and/or Soup and cakes