

Summer Menu

Week 3

Week Commencing.....

Monday

AM Snack: Toast and marmalade

Lunch: Savoury Mince with Vegetable Rice

Dessert: Angel Whirl, or fresh fruit / yoghurt

Vegetarian: Quorn mince as above

PM Snack: Cheese and cucumber

Tea: Sandwiches and cakes

Tuesday

AM Snack: Toast and jam

Lunch: Cheese and Potato Pie with Baked Beans

Dessert: Apple or Lemon Sponge with Custard, or fresh fruit / yoghurt

Vegetarian: As above

PM Snack: Fresh Fruit

Tea: Sandwiches and cakes

Wednesday

AM Snack: Toast and Marmite

Lunch: Lamb Stew with Vegetables & mashed potatoes

Dessert: Fruit Crumble with Ice cream, or fresh fruit / yoghurt

Vegetarian: Soya Stew

PM Snack: Biscuits

Tea: Sandwiches and cakes

Thursday

AM Snack: Toast and butter

Lunch: Roast Chicken with Cauliflower, Green Beans, Roast potatoes & gravy

Dessert: Jelly & Ice cream or Fruit., or fresh fruit / yoghurt

Vegetarian: Replacement for chicken

PM Snack: Cheese and Raisins

Tea: Sandwiches and cakes

Friday

AM Snack: Toast and butter

Lunch: Fish fingers with Chips and Spaghetti

Dessert: Cheesecake, or fresh fruit / yoghurt

Vegetarian: Veggie fingers/fish fingers

PM Snack: Fresh Fruit

Tea: Sandwiches and cakes