

Monday

AM Snack: Toast and marmalade

Lunch: Pasta and Tuna Bake with Baked Beans

Dessert: Banana Custard, or fresh fruit / yoghurt

Vegetarian: As above

PM Snack: Fresh fruit

Tea: Sandwiches and cakes

Tuesday

AM Snack: Toast and jam

Lunch: Beef Stew, Mixed Vegetables and mashed potatoes

Dessert: Stewed Apple and Custard, or fresh fruit / yoghurt

Vegetarian: Quorn pieces

PM Snack: Cheese and Raisins

Tea: Sandwiches and cakes

Wednesday

AM Snack: Toast and butter

Lunch: Lamb Cottage Pie, peas, carrots, sweet corn and gravy

Dessert: Fresh Fruit Cocktail and Fromage Frais, or fresh fruit / yoghurt

Vegetarian: Quorn Mince

PM Snack: Cheese and cucumber/tomato

Tea: Sandwiches and cakes

Thursday

AM Snack: Toast and Marmite

Lunch: Roast Pork, Broccoli, Carrots, Roast potatoes and gravy

Dessert: Angel Whirl, or fresh fruit / yoghurt

Vegetarian: Quorn Fillet

PM Snack: Biscuits

Tea: Sandwiches and cakes

Friday

AM Snack: Toast and butter

Lunch: Sausage, Chips and Spaghetti

Dessert: Chocolate Sponge and Custard, or fresh fruit / yoghurt

Vegetarian: Veggie Fingers as replacement

PM Snack: Fresh Fruit

Tea: Sandwiches and cakes