

Monday

AM Snack: Toast and marmalade

Lunch: Chicken Nuggets, chips and beans

Dessert: Semolina & Strawberries, or fresh fruit/yoghurt.

Vegetarian: Veggie Nuggets

PM Snack: Fresh fruit

Tea: Sandwiches and cakes

Tuesday

AM Snack: Toast and jam

Lunch: Sausage, mash potatoes, Peas, Carrots & Gravy

Dessert: Fruit Crumble with Ice cream, or fresh fruit/ yoghurt

Vegetarian: Veggie Sausage

PM Snack: Cheese with cucumber/ tomato

Tea: Sandwiches and cakes

Wednesday

AM Snack: Toast and Marmite

Lunch: Spaghetti Bolognese

Dessert: Jam Tart & Strawberry Custard, or fresh fruit/ yoghurt

Vegetarian: As above with Soya mince

PM Snack: Fresh fruit and biscuits

Tea: Sandwiches and cakes

Thursday

AM Snack: Toast and butter

Lunch: Roast Beef, roast potatoes, Cauliflower, Green Beans

Dessert: Angel whirl, or fresh fruit/yoghurt

Vegetarian: As above with meat substitute

PM Snack: Fresh fruit

Tea: Sandwiches and cakes

Friday

AM Snack: Toast and butter

Lunch: Pork & Apple Casserole with mashed Potatoes

Dessert: Fruit sponge and Dream Topping, or fresh fruit/yoghurt

Vegetarian: Soya chunks as replacement meat

PM Snack: Cheese and raisins

Tea: Sandwiches and cakes