



Medical Exclusion Policy

Infectious Diseases	Incubation Period	Period of Exclusion	Additional Information
Temperature (above 38°C)		If sent home ill, child must be off nursery for 24 hours	Normal temperature is in the range of 36 °C – 36.8 °C
Common Cold/Flu	1 - 5 days	Nil	Nil
Worms	1 - 3 months according to species	None	Family contacts must be treated
Tonsillitis	1 - 10 days	For at least 24 hrs or until well	
Ringworm of the body or scalp		Seldom necessary to exclude provided treatment is being given	
Diarrhoea / Vomiting		48 hrs at least	No child to be in nursery with diarrhoea
Conjunctivitis	1 - 3 days	Minimum of 24 hours, medical advice must be taken	Spreads easily, towels and flannels must not be shared
Impetigo		Until the skin is healed or 4h hours after treatment has started	
Hand, Foot & Mouth	3 - 7 days	7 – 10 days or until free from rash & blisters	Not related to Foot and Mouth disease in cattle
Scarlet Fever		Until appropriate treatment has been given and in no case less than 5 days	
Chickenpox	10 - 21 days	5-7 days from appearance of the rash/blisters	Pregnant women who have not had chickenpox should contact their GP
Whooping Cough		5 days after commencing antibiotic treatment.	Unimmunised siblings under 7, 14 days from last exposure or they have taken 5 days of a 10 day course of antibiotics
Measles (Notifiable Disease)	9 - 14 days	5 days from appearance of the rash	
Mumps	8 days	Until Swelling has subsided, at least 7 days from onset of illness	
Meningitis (Notifiable Disease)	Varies according to type of organism	Return on medical advice	Inform CCDC of any suspected cases when advice will be given concerning prophylaxis and early prevention of further cases